Dear Padre,

Isn't natural family planning (NFP) a form of birth control? The couple still controls the potential of human life that God may have wanted to create at a particular moment.

Couples who use NFP aren't practicing contraception. By giving themselves completely to one another in body and soul, they're preserving the integrity of the marriage sacrament. In God's design, women



are naturally infertile for many days of the menstrual cycle. The marital act during these times promotes bonding and yet is open to new life. There is no sin in abstaining from the marital act. When a husband and wife use NFP appropriately, they share responsibility for living with their combined fertility. Neither spouse takes

the other for granted. NFP is a healthy and holistic way to plan for children.

Many couples find that living an NFP lifestyle gives them a better understanding of their fertility, frees them from fear of medical side effects, increases their communication, encourages a greater sense of sharing and a generosity toward life, fosters sexual self-control, and gives them the peace of following their spiritual, religious, cultural, or ethical beliefs. Periodic abstinence encourages couples to focus on aspects of their relationship beyond the physical, resulting in a "honeymoon effect."

NFP's most important benefit is that it enables spouses to live the mutual gift of self that is an essential element of marriage. The Church values marital sexual love. NFP helps couples to be authentic in the expression of that love.

From Natural Family Planning: A Catholic Approach, © 2009 Liguori Publications.



A WORD FROM Pope Francis

Jesus teaches this: "The one who humbles himself will be exalted" (Luke 14:11). God does not exalt us because of our gifts, because of our wealth, or because of our skills, but because of humility. God loves humility. God lifts up those who humble themselves; he lifts up those who serve.

ANGELUS, SOLEMNITY OF THE ASSUMPTION, AUGUST 15, 2021

Calendar

Monday

AUGUST 29

The Passion of St. John the Baptist

1 Cor 2:1-5

Mk 6:17-29

Tuesday

AUGUST 30

Weekday 1 Cor 2:10b-16

Lk 4:31-37

Wednesday

AUGUST 31

Weekday

1 Cor 3:1-9

Lk 4:38-44

Thursday

SEPTEMBER 1

Weekday

1 Cor 3:18-23

Lk 5:1-11

Friday

SEPTEMBER 2

Weekday

1 Cor 4:1-5

Lk 5:33-39

Saturday

SEPTEMBER 3

St. Gregory the Great,

Pope and Doctor of the Church

1 Cor 4:6b-15

Lk 6:1-5

Sunday

SEPTEMBER 4 Twenty-third Sunday

in Ordinary Time

Wis 9:13-18b

Phlm 9-10, 12-17

Lk 14:25-33



Sunday

August 28th, 2022 22nd Sunday Ordinary Time



St. Ann Catholic Church & Our Lady of Chartres Mission

Pastor: Reverend Fr. David Milton

Office phone: 228-832-2560, Hours: Monday-Friday 9am-3pm. Web: www.stannparishlizana.org ---Email: stanngulfport@hotmail.com



St. Ann Mass Schedule:

 $Saturday-August\ 27th\ 5:00pm\mbox{-Robin Daniels} \\ Sunday-August\ 28^{th}\ 9:00am\mbox{-Pat Ladner}$

OLC Mass Schedule:

Sunday – August 28th 7:30am-Parish

SACRAMENT OF RECONCILIATION

Before Mass and by Appointment Monday — August 29th 8:00am-Ex. Soc. Wednesday — August 31st 6:00pm-Ruth Tremblay Thursday — September 1st 8:00am-Ex. Soc. Friday — September 2nd 8:00am-Ruth Tremblay

Saturday – Sept. 3rd 5:00pm-OPEN Sunday – Sept. 4th OLC 7:30am- Parish Sunday – Sept. 4th 9:00am- OPEN

From Father David's Desk...

I am Nobody! Who Are You?

This is the title of one of Emily Dickinson's most beloved poems. Did she really think she was nobody? Probably not. But neither was she eager to get bogged down by the approval of others. She seems to have been satisfied with who she was and how she lived her life.

Unlike Dickinson, many of us live for the approval of others. In fact, we almost glorify celebrities—and not simply for their accomplishments. Their taste becomes our choice in buying clothes; their opinions shape our thinking; their social life becomes our entertainment. This is a strange turnaround, for the only reason they are famous is that we have given them our approval. We made them celebrities.

We all know people who in the eyes of the broader society, might be considered "nobodies" but who really are the "somebodies." They are like Dickinson. They know who they are and do not pretend to be someone or something else. They do not put on airs; they do not expect to be treated better than others. They simply are who they are. These are the people described in today's readings. They have lived as Sirach counsels: "Humble yourself" (Sirach 3:18). This does not mean humiliate yourself or put yourself down. It means be who you are, the you that God made. Don't try to be someone else. The Gospel story shows what might happen if you think you are more than you really are. The proud man was literally put in his place.

So, who are you?

- FORReflection -----

- * What do you do to gain other's approval? Does that change who you are?
- * How often do you describe yourself as better than others? Is it true?

St. Ann Stewardship

Identifiable: \$2015.00 Loose: \$104.00 Children: \$6.25 – (ACH \$5.00)

Total: \$2165.25

Collection for the Assumption: \$40.00

OLC Stewardship

Identifiable: \$220.00 – Loose: \$96.00

Total: \$316.00

MASS Cancelation:

There will be no Mass on August 29th due to Fr. David being out. Mass will resume August 31st at 6:00pm in the Chapel.

FR. VO:

During Fr. David's vacation, Fr. Vo has graciously agreed to assist our parish concerning necessary duties, such as visitation of the sick, etc. Should you need Fr. Vo, in any of the areas of necessity, Please call Sacred Heart Parish in Dedeaux 228-255-7560, they will but you in touch with him.

WELCOME FR. Tony:

We are pleased to have Fr. Tony Arguelles celebrating mass in Fr. David's absence. Please welcome Fr. Tony to our parish.

MASS	LECTOR	EUCHARISTIC Ministers	USHERS	SERVERS
Sat. 8/27	Barbara	Mary Taylor, Barbara Saucier	August	
5:00pm	Saucier	Al Eiselen	Schonewitz	N/A - St. Ann
Sun. 8/28				
7:30am	Doug Ladner	Janette Dedeaux	Terry Mitchell	N/A – Our Lady
Sun. 8/28		Robin Peterson, Susan Peleaz		Wyatt Cameron
9:00am	Lisa Cuevas	Sherrie DeMello	William Burke	Kane
Sat. 9/3		Ruth Schonewitz, Mary Taylor	August	
5:00pm	Jan Estrada	Barbara Saucier	Schonewitz	N/A - St. Ann
Sun. 9/4	Sandra			
7:30am	Ammons	Doug Ladner	Terry Mitchell	N/A – Our Lady
Sun. 9/4		Lisa Cuevas, Kim Wood		Wyatt, Cameron
9:00am	Mary Necaise	William Burke	William Burke	Blane

LECTOR Announcements:

Beginning this weekend, Lectors will be making the announcements for the Parish prior to the end of Mass. Please be patient as we adjust to this new routine.

CCD Classes & Picnic:

CCD classes will begin September 11th after the 9:00am mass.

All children of the parish are invited to attend a picnic on the parish grounds beginning at 10:30 after the CCD classes. Food will be provided by the parish.

Remember: Swimsuit & Towel for the water slide!

ALTER Society Meeting:

The Alter Society will have a meeting September 11th after the 9:00am mass.

PARISH Picnic and Potluck:

Mark your calendars for St. Ann's/OLC parish picnic on September 25th. We will have (1) one mass for the weekend, 10:00am Sunday in the Pavilion, followed by the picnic. More in formation will be coming.

DINNER with Fr. David:

We are looking for (10) parishioners for the first potluck "Dinner with Fr. David," October 22nd after the 5:00pm mass. Any parishioner/s that would like to participate, may sign-up using the sheet/s in the back of church.

A blind drawing of (10) parishioners will be held prior to the dinner. Those parishioners not chosen for this dinner, will be signed up for "Dinner with Fr. David," January of 2023.

FIRST Friday Adoration:

Come join us on the 1st Friday of each month after the 8:00am mass in adoration of the Eucharist. The next 1st Friday is September 2st in the Chapel.

PRAYER Requests:

Nathan Northrop Pete Northrop Russell Moran Michelle Ladner Beverly Saucier