

Dear Padre,

I struggle with depression, and sometimes it gets really bad during the holidays. When is it morally acceptable to use antidepressant medication?

You are not alone. People who struggle with depression often find the holidays especially difficult. To answer your question, it is morally acceptable to use antidepressant medications when a medical professional judges them to be the best response to the condition of the patient. As we learn more about the causes of depression and other disorders that challenge the sense of equilibrium in people, we hope that the most reliable responses may be found and employed to restore a sense of peace to those suffering from these ailments.

Evaluation and treatment of depression must be done within the context of a person's whole life. Depression often involves a chemical imbalance in the brain, and some people respond quite well to antidepressants. For others, the best treatment might be counseling or psychotherapy. Or both medicine and therapy. As each experience of suffering is unique, so, too, must be the response.

Frequently people will be embarrassed to admit to suffering with depression or consider it a sign of weakness or inability to deal with matters in life. Such thinking is of little help in resolving the issue. People who experience depression need the love and support of family and friends to accompany them in the suffering and to assist in their healing. ●

From *Life, Death, and Catholic Medical Choices: 30 Questions from the Pews*, © 2011 Liguori Publications

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
December 12	December 13	December 14	December 15	December 16	December 17	December 18
Our Lady of Guadalupe	St. Lucy, Virgin and Martyr	St. John of the Cross, Priest and Doctor of the Church	Advent Weekday	Advent Weekday	Advent Weekday	Fourth Sunday of Advent
Zec 2:14-17 or Rv 11:19a; 12:1-6a, 10ab	Zep 3:1-2, 9-13	Is 43:6c-8, 18, 21c-23	Is 54:1-10 Lk 7:24-30	Is 56:1-3a, 6-8 In 5:33-36	Gn 49:2, 8-10 Mt 1:1-17	Is 7:10-14 Rom 1:1-7 Mt 1:18-24
Lk 1:26-38 or Lk 1:39-47	Mt 21:28-32	Lk 7:18b-23				



Third Sunday
Of
Advent
December 11th 2022



St. Ann Catholic Church & Our Lady of Chartres Mission

Pastor: Reverend Fr. David Milton

Office phone: 228.832.2560 Hours: Monday-Friday 9:00am-3:00pm

Web: www.stannparishlizana.org ---Email: stanngulfport@hotmail.com



We welcome new members to our Parish. Please fill out a new member registration form and submit to the parish office, or Fr. David Milton. Fr. David would be happy to visit with you and help you assess your spiritual needs.

FIRST Friday Adoration:

Join us first Friday of each month in Adoration of the Eucharist after the 8:00am mass in the Chapel. The next first **Friday, January 6th 8:00am-12:00pm**

St. Ann Mass Schedule:

Saturday Dec. 10th 5:00pm-Marie Wells
Sunday Dec. 11th 9:00am-Parish

OLC Mass Schedule:

Sunday Dec. 11th 7:30am- Mark McGuire

SACRAMENT OF RECONCILIATION

Before Mass and by Appointment

Monday – Dec. 12th 8:00am-OPEN
Wednesday – Dec. 14th 6:00pm-OPEN
Thursday – Dec. 15th 8:00am-OPEN
Friday – Dec. 16th 8:00am-OPEN

Sat – Dec. 17th 5:00pm-OPEN
Sunday – Dec. 18th OLC 7:30am-OPEN
Sunday – Dec. 18th 9:00am-OPEN

Advent Prayer

O Almighty God,

We anxiously await the celebration of your birth. Like the people of long ago, our ancestors in faith, we too, are in need of light, in need of direction, in need of your Word, to show us the way. Our busy lives and the consumerism that surrounds us make it difficult to recognize your Kingdom and to hear Your voice. Help us Lord, to focus on you...

Amen



A WORD FROM POPE FRANCIS

Every yes to God gives rise to stories of salvation for us and for others. Like Mary with her own yes. In this Advent journey, God wishes to visit us and awaits our yes. Let's think: Today, what yes must I say to God?

ANGELUS, DECEMBER 8, 2016

From Father David's Desk...

Joy...A Sign of God

Once, as I was teaching a theology course to college students in their twenties, I made an offhand comment that the purpose of Life is not to be happy. They were shocked. "What's wrong with being happy?" They protested. "Nothing," I said, "it's simply not the purpose of life." "But God wants us to be happy," they insisted of course, God wants us to be happy, but that's simply not what life is about.

Happiness is something that comes in the back door while we wait at the front door. If we go looking for happiness, we never find it, but if we forget about ourselves and seek to bring joy into the lives of others, then happiness seems to find us. It comes in the back doors of life. Curiously, that seems to be the dynamic of these Advent – Christmas days. We send cards, give gifts, think of making others happy, and overlook faults. In the process, there is a sense of joy that overtakes us without our realizing it.

The prophet Isaiah proclaimed that it is God who would crown with everlasting joy; that they would meet with joy & gladness, sorrow & mourning would flee away.

Leon bloy, a French novelist in the nineteenth century, observed, "Joy is the most infallible sign of the presence of God." God is love, and God is also joy. Joy is so much more than happiness. Rather it is an inner quality-peaceful, serene, and nurturing-even when life may be unsettled.

Prayers,

Fr. David

For Reflection

- ✚ **What brings joy to you?**
- ✚ **Do something to bring joy to someone this week...**

December 4th 2022

St. Ann Stewardship

Identifiable: \$2500.00 – Loose: \$214.00
Children's \$38.10 – (ACH: \$5.00)

Total: \$2752.10

Special Collection – St. Vincent DePaul, Pharmacy
\$516.00

OLC Stewardship

Identifiable: \$595.00 – Loose: \$197.00

Total: \$792.00

CHRISTMAS /New Year's Mass Schedule:

See insert

VOLUNTEERS Needed:

Volunteers needed, December 17th – 9:00am-12:00pm
in raking the grounds for Christmas.

If you can help, please contact Fr. David.

A lawn vacuum would be most helpful. If you have one,
please consider donating it for the clean-up.

LIZANA Light:

As this special season of Advent is upon us, we ask
that you remember the less fortunate in our
community by giving to our
Lizana Light Ministry.
Any blessing given is appreciated.

CHRISTMAS Basket Reminder:

The deadline to nominate an individual/family for
the Christmas Baskets is coming soon.

Please have your nominations in no later than
December 14th.

All baskets will be ready for pick-up and delivery,
December 18th after mass, between 10-10:15am

CHRISTMAS Poinsettias:

Donations for Christmas Poinsettias for our Altar
are being accepted. If you would like to donate for
a loved one, or family, envelopes are in each pew
and the back of church.

MASS	LECTOR	EUCCHARISTIC Ministers	USHERS	SERVERS
Sat. 12/10 5:00pm	Barbara Saucier	Ruth Schonewitz, Wanda Brignac	August Schonewitz	N/A
Sun. 12/11 7:30am	Eddie Duran	Doug Ladner	Terry Mitchell	N/A
Sun. 12/11 9:00am	Beau Underwood	William Burke, Robin Peterson Sherrie DeMello	William Burke	Paige, Wyatt Katyn
Sat. 12/17 5:00pm	Mike West	Ruth Schonewitz, Wanda Brignac	August Schonewitz	N/A
Sun. 12/18 7:30am	Doug Ladner	Doug Ladner	Terry Mitchell	N/A
Sun. 12/18 9:00am	Macy Necaise	William Burke, Robin Peterson Sherrie DeMello	William Burke	Paige, Wyatt Katlyn

Pancakes, Pajamas, Gingerbread and Jesus!

CCD BREAKFAST

with

Santa

Come join in the fun!

After the 9:00am Mass

Pancakes, sausage, coffee, milk & juice.

Pictures with Santa, Cookie Decorating, Reindeer

Games and Music will fill the hall.

Tickets are \$10.00 to enter

All CCD Children are free.



A CALL to Catholic:

St. Ann will be hosting a

Call to Catholic – Refreshing the Spirit

Friday, December 16th

5:00pm – 7:00pm.

Guest speaker - Fr. Godfrey Andoh

5:00pm-6:00pm

Adoration & Confessions

6:00pm-7:00pm

KNIGHTS of Columbus:

Tickets are still available for the KofC 50/50 Drawing
after each mass.

Tickets are \$4.00 each or Five for \$20.00

Drawing is December 18th.

MOVIE Night:

St. Ann will be hosting a movie night, December
17th after the 5:00pm mass. The movie of the
evening is "The Chosen".

Come join us!

SYMPATHY

Please extend your sympathy & prayers to the
family of Mr. Pete Northrup. Mr. Northrup
passed away last week surrounded by his family



As we enter closer to the coming of our Lord, we
celebrate the Third Sunday of Advent. Let us
reflect on the theme of this third Sunday of the
Advent season

Joy

*Joy, is the feeling of being content, filled with
pleasure. Some view Joy and Happiness the
same. However, happiness is shaped by external
circumstances, joy is found deep within...*

*"Our Heavenly Father, help us to think the kind of
thoughts that give us joy and that transmit joy.
Help us to get in our hearts the love of Christ,
that we may love people, so that they find joy," -*

Norman Vincent Peale

Prayer Request

Troy Peterson/ Bay Ladner